

February 2025

Beaumont Technical Center

Breakfast

MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** 3 4 6 Breakfast Breakfast Breakfast Breakfast Breakfast Sausage, Cheese & Biscuit • Whole Grain French Toast Whole Grain Waffles Iced Cinnamon Roll Scrambled Eggs with Blueberry Topping • Frosted Cinnamon Pop-Tart • Sticks Sandwich Turkey Sausage Patty **Cheddar Cheese** Turkey Sausage Patty Whole Grain Blueberry **Cinnamon Toast Crunch** Trix Cereal Bar Fresh Baked Whole Grain **Reduced Sugar Trix** Cocoa Puffs Cereal Bar Frosted Strawberry Pop-**Biscuit** Whole Grain Blueberry Muffin Apple Cinnamon Cheerios Apple Cinnamon Nutrigrain • Cheerios Bar WG Banana Muffin Sunberry Smoothie Muffin Whole Grain Apple Crunchy Very Berry Parfait . WG Banana Muffin Corn Chex Honey Graham Crackers Honey Graham Crackers Sliced Whole Grain Cinnamon Muffin **Frosted Corn Flakes** Low Fat Mozzarella String Whole Grain Apple Crunchy Very Berry Parfait Sliced Whole Grain **WG Chocolate Chocolate** Cinnamon Muffin Cheese Chip Muffin Fresh Red Delicious Apple Cinnamon Toast WG Chocolate Chocolate Strawberry Banana Apple Juice Cinnamon Diced Pears **Chip Muffin** Cinnamon Toast Cinnamon Diced Pears Smoothie Fruit Punch Apple Juice Banana Pineapple Honey Graham Crackers Low Fat Mozzarella String Apple Juice Orange Pineapple Juice Fruit Punch **Smoothie** Honey Graham Crackers Orange Pineapple Juice Fruit Punch 1% Low-fat Milk Orange Pineapple Juice Chocolate Low Fat Milk 1% Low-fat Milk Low Fat Mozzarella String 1% Low-fat Milk Chocolate Low Fat Milk Cinnamon Diced Peaches Cheese Apple Juice Chocolate Low Fat Milk Fresh Red Delicious Apple Fruit Punch Apple Juice Orange Pineapple Juice Fruit Punch 1% Low-fat Milk Orange Pineapple Juice Chocolate Low Fat Milk 1% Low-fat Milk

- Muffin
- Whole Grain Apple Cinnamon Muffin
- **WG Chocolate Chocolate**
- Banana Apricot Smoothie
- Honey Graham Crackers
- Cheese

- Fruit Punch

- Chocolate Low Fat Milk

Chocolate Low Fat Milk

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Breakfast

- Apple Frudel
- Whole Grain Blueberry
- **WG Banana Muffin**
- Chip Muffin
- Low Fat Mozzarella String
- Fresh Orange
- Apple Juice
- Orange Pineapple Juice
- 1% Low-fat Milk

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- Breakfast
- **Chicken Tenders** Whole Grain Waffles
- Baked Apple Slices
- **Cinnamon Toast Crunch**
- **Reduced Sugar Trix**
- **Apple Cinnamon Cheerios**
- Cheerios
- Corn Chex
- **Frosted Corn Flakes**
- Blueberry Parfait with
- Granola Sliced Whole Grain
- Cinnamon Toast Pineapple Tidbits
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

- Breakfast
- **Breakfast Banana Split** Frosted Cinnamon Pop-Tart
- Frosted Strawberry Pop-
- **Peachy Strawberry** Smoothie

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- Honey Graham Crackers Low Fat Mozzarella String
- Sliced Fresh Strawberries
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk Chocolate Low Fat Milk

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- Breakfast **Strawberry Cream Cheese**
- Stuffed Bagel
- Trix Cereal Bar Cocoa Puffs Cereal Bar
- **Apple Cinnamon Nutrigrain** Bar
- **Blueberry Parfait with** Granola
- Sliced Whole Grain
- Cinnamon Toast
- Pineapple Tidbits
- Apple Juice
- Fruit Punch Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Breakfast **Cinnamon Toast Crunch**

- Mini French Toast Bites **Cinnamon Toast Crunch**
- Reduced Sugar Trix
- Apple Cinnamon Cheerios Cheerios
- **Corn Chex**
- **Frosted Corn Flakes**
- Crunchy Very Berry Parfait •
- Sliced Whole Grain Cinnamon Toast
- Cinnamon Diced Peaches
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Breakfast

- **Grits Breakfast Bowl**
- Frosted Cinnamon Pop-Tart Frosted Strawberry Pop-Tart
- **Sunberry Smoothie**
- Honey Graham Crackers Low Fat Mozzarella String
- Cheese
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

20 Breakfast

Blueberry Bash Waffles Whole Grain Blueberry

- Muffin WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- **WG Chocolate Chocolate** Chip Muffin
- Crunchy Very Berry Parfait •
- Sliced Whole Grain Cinnamon Toast
- Fresh Banana
- Apple Juice Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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- Scrambled Eggs with Cheddar Cheese
- Fresh Baked Whole Grain **Biscuit**
- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- **Apple Cinnamon Nutrigrain**
- **Crunchy Very Berry Parfait**
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Breakfast

- **Honey Butter Chicken** Biscuit
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- **Whole Grain Apple** Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- **Banana Apricot Smoothie**
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Breakfast

- Whole Grain Pancake Donut bites with Strawberries
- **Cinnamon Toast Crunch**
- **Reduced Sugar Trix**
- Apple Cinnamon Cheerios •
- Cheerios
- **Corn Chex**
- Frosted Corn Flakes
- **Blueberry Parfait with** Granola
- Honey Graham Crackers Fresh Red Seedless Grapes
- Apple Juice Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Breakfast

- Turkey Ham, Egg & Cheese Burrito
- Frosted Cinnamon Pop-Tart •
- Frosted Strawberry Pop-Tart
- **Peachy Strawberry** Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk Chocolate Low Fat Milk

27 Breakfast

Cherry Frudel

- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- Apple Cinnamon Nutrigrain Bar
- Strawberry Parfait with Granola
- Honey Graham Crackers
- Fresh Red Seedless Grapes •
- Apple Juice Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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- Breakfast Mini Confetti Pancakes
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- **WG Chocolate Chocolate** Chip Muffin
- Strawberry Banana
- Smoothie
- Honey Graham Crackers Low Fat Mozzarella String
- Cheese Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch Orange Pineapple Juice
- 1% Low-fat Milk Chocolate Low Fat Milk

🍑 2/27 Strawberry Day 管 2/20 Muffin Day 🍣 2/28 Pancake Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe! Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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